



The **tongue** is essential for development.

When the **tongue** is free + without restriction, it can help shape the upper **jaw**.

That's **crucial** for development!

When it's limited + restricted, it can lead to a growing body learning to compensate and we *don't even know it*.

A limited tongue has limited function.

Limited function can lead to an underdeveloped upper jaw.

And that causes issues.

Who cares? I'm glad you asked!

Limited function = underdeveloped upper jaw.

That means *baby will grow to be an adult with compensations!*

* (We want to avoid that.) *

The upper jaw is attached to the:
nasal cavity (how we breathe)
eye space (where we see)
lower jaw (how we eat + talk)
neck/spine (how we walk)
....and so much more!



Yes!
A limited tongue (aka tongue tie) may limit the entire body.

BECOME AN EARLY TIE PRIVATE EYE

What to look for & how the whole body is impacted.

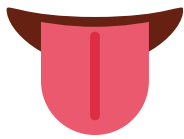
Dr. Jasmine Elmore can help!

faceandairway.com

Infant Red Flags:



Tongue



tongue sticking out at rest
choking/gagging/coughing
tongue rests off palate

Lips



lips open at rest
mouth breathing
upper lip looks tented
lips blistered/chapped

Mouth



snoring
cyclical nasal congestion
high or narrow palate
milk falling out at corners of mouth
clicking sound while feeding
not mouthing toys
drooling (when not teething)
bottle/pacifier reliance
chewing/swallowing issues

The Body



issues with weight + digestion
trouble calming + organizing
reflux symptoms
frequent earaches
fast/shallow/noisy breathing
head tilt preference/flat head
focus/attention issues
dark circles under eyes
long + skinny face shape
recessed chin
short/restless sleep